



Ready to Learn Sessions At Fox Wood School

At Fox Wood School we want to ensure that every pupil is able to fulfil their potential and given the opportunities and support to achieve this.

We need to ensure that before the day starts, individuals are set up with the right tools to focus and learn new skills.

Our brains work best when they are able to manage and organise incoming information effectively. For many of our pupils their ability to process and respond to sensory information can be tricky and therefore a varied selection of activities are provided in different forms appropriate to the child to assist them to be 'Ready to Learn'.

Ready to learn sessions are being offered across the school at the beginning of the school day and after lunch in different formats according to the individual and class needs. These activities are constantly evolving to ensure that they are being provided in the most appropriate manner. For example; Class 1 are accessing the Sensory Kingdom, Class 2 are carrying out sensory circuits in the classroom, Class 5 take part in relaxation sessions, Class 8 visit the sensory circuit and access Reiki / relaxation sessions and Class 11 use the Green Mile and College Gym equipment. Class 7 and 12 start the day with Sensology.

Our School Occupational Therapist – Lucinda Warren works closely with teaching staff and individuals to review the Ready to Learn provision to ensure that Ready to Learn sessions work well for all!

